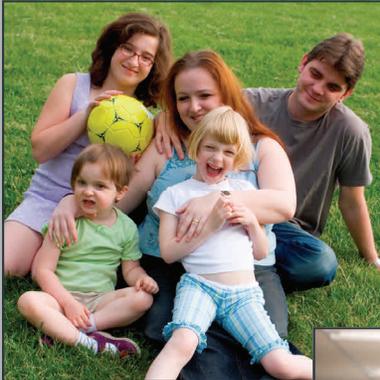


1ST ANNUAL CONFERENCE

In Our Community

Making a Difference



THURSDAY, OCTOBER 23, 2014

**CHATEAU LOUIS CONFERENCE CENTRE
11727 KINGSWAY AVENUE - EDMONTON, AB**



*Proudly Sponsored By:
McMan Youth, Family and Community Services Association
and the Sinneave Family Foundation*

In Our Community *Making a Difference*

1ST ANNUAL CONFERENCE

Welcome

McMan is pleased to be presenting our 1st Annual "In Our Community - Making a Difference" Conference.

The line-up of presenters and keynote speakers has something for everyone and is sure to inspire us with a diverse range of ideas, innovative approaches to service delivery and stories of courage and determination.

All conferences offer us an opportunity to step back from our usual hectic and challenging pace so that we can reflect on the work we do, share our successes and learn from one another.

I wish you all a great Conference and hope that throughout the day each of you has the opportunity to share a story, consider a new idea, change an old perspective, and find a reason to laugh.

Warm regards,

Danica

Danica Frazer
Executive Director
McMan Youth, Family and Community Services



McMan

In Our Community

Making a Difference

CONFERENCE AT A GLANCE

THURSDAY, OCTOBER 23, 2014

8:30 AM Registration & Breakfast Buffet

Welcome and Opening Remarks
Danica Frazer, Executive Director

9:00 AM Keynote Address
Peter Leidy

We're All In This Together: Staying Focused on the Person in Challenging Times

It's easy to feel overwhelmed by pressures that come with challenging work, confusing bureaucracies and ever-shrinking funding. In this motivating presentation, Peter will share some ideas to help us keep people we serve first, celebrate the important work we do and engage others to work with us on the journey to promote connections and quality in people's lives.

BREAK

9:30 AM **SESSION 1 (Concurrent):**

- 1A Aging & Developmental Disabilities
- 1B Technology for Obtaining and Maintaining Employment
- 1C Dual Diagnosis: Signs, Symptoms and What To Do
- 1D Making Contact, Making Connections, Making Community
(All day session - must be taken in tandem with 2D)
- 1E This Full House

12:30 PM LUNCH PROVIDED - ENTERTAINMENT BY PETER LEIDY

1:30 PM **SESSION 2 (Concurrent):**

- 2A Introduction to Best Friend's Approach to Dementia Care
- 2B Employment for All: Creating Typical Employment in the Community
- 2C Dual Diagnosis: Special Considerations
- 2D Making Contact, Making Connections, Making Community
(All day session - must be taken in tandem with 1D)
- 2E Whose Life Is It, Anyway?

4:30 PM Closing Remarks

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SPEAKER BIOS

PETER LEIDY

Peter Leidy has been learning from people with disabilities since 1983. For almost 20 years he worked for Options in Community Living, a supported living agency in Madison, Wisconsin. His roles included direct support, service coordination, recruiting and supporting direct service staff, community building, and administrative responsibilities. Peter consults with individuals, families, organizations, counties, and states in areas such as supported living, self-determination, organizational development, positive behavior support, building community relationships, and supporting and valuing direct support staff. Peter facilitates workshops, conducts staff training, and often speaks at conferences. Peter also writes and sings humorous and thought-provoking songs about human serviceland and those who find themselves connected to it. He sings these songs wherever he can get away with it. Additionally, he writes songs about Wisconsin politics and culture, which has resulted in several statewide broadcasting awards.

DAVE HINGSBURGER, M.Ed.

Dave Hingsburger is a world renowned lecturer providing keynote presentations around the world to both individuals affected by Intellectual Disability and Direct Support Providers. Dave has worked for over 35 years with people with intellectual disabilities. In those years he has held a variety of positions but always provided some form of direct service to people with disabilities. Dave has penned close to 30 books on the subject of developmental disability during this career. Dave earned his B.A. in Psychology at the University of Victoria in BC, a certificate in Human Relations from Ryerson University in Toronto, and his M.Ed. from the University of Toronto. In 2009 Dave was inducted into the Canadian Disability Hall of Fame.

SUSAN MORRIS, BSW, MSW, RSW

Susan has worked in the field of Dual Diagnosis for over 30 years, developing and supporting community and hospital based services. Susan received undergraduate and graduate training in social work and has completed continuing education certificates in leadership and inter-professional care and training. She was originally recruited to Queen St. Mental Health Centre (now the Centre for Addiction and Mental Health, Toronto, Ontario) to implement and grow the Dual Diagnosis Program. In the role of Clinical Director, Susan implemented a continuum of specialized inpatient and outpatient services, was a Lecturer within the Department of Psychiatry, University of Toronto and a Clinician Research Collaborator within the Clinical Research Program at CAMH. Susan has been recognized for her vision and leadership of local, regional, provincial and national initiatives to develop and enhance interministerial policy and interprofessional practice. Susan's current interests include implementation of best practices as it relates to the use of Emergency Departments by people with developmental disabilities and dual diagnosis.

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SPEAKER BIOS

SUSAN HARRELL SENIOR PROGRAM MANAGER, GO WISE, WASHINGTON

Susan Harrell has worked with and on behalf of people with disabilities through direct service, service agency management, and governmental and agency consulting since 1985, with a specific focus on employment as an essential component to assure community integration, financial stability, and quality of life. Susan specializes in the following consultation and training topics: Job Development; Job Coaching; Social Security and Medical Benefits; Work Incentives; Individual Resource Development; Person-Centered Planning; and Policies and Regulations Related to the Self-Sufficiency of Individuals with Disabilities. Susan lives in Olympia, Washington.

DEIRDRE GILLESPIE, RN, MN

Deirdre Gillespie is an Advanced Practice Nurse for people with Developmental Disabilities. She completed her undergraduate degree and Master of Nursing from the University of Victoria with a special focus on Health, Aging and Developmental Disabilities. She recently retired after more than 25 years working with people with Developmental Disabilities. In retirement, she has become a part time professor at St. Lawrence College in Kingston, Ontario as well as a lecturer on Aging and Developmental Disabilities.

PADMAJA GENESH, BSC, MBBS, BA (GERONTOLOGY)

Padmaja Genesh received her medical degree from Calicut University, India. She has worked as a family physician for several years in India and in the Middle-East, before migrating to Canada. For seven years she worked with seniors and trained healthcare staff through various healthcare agencies in Red Deer, prior to moving to Calgary in 2012. She received her Bachelor's degree in Gerontology from Laurentian University, Sudbury, Ontario. Her passion to work in the field of Dementia stems from her experience with her father-in-law who was diagnosed with Alzheimer's disease in 1999. Padmaja has been a Learning Specialist at the Alzheimer Society of Calgary focusing on Supporting Learning & Excellence in Dementia Care, since September 2012. Padmaja Genesh is a certified Best Friends™ Authorized Trainer .

DONEKA SIMMONS, BA, RSW

Doneka has been a full time Registered Social Worker with Sage – Seniors Association of Greater Edmonton since 2004. During this time Doneka has worked directly in programs that provide information and support to seniors. She has developed a particular expertise in working with individuals living with hoarding challenges. She has presented internationally and locally on the topic of hoarding. Her greatest rewards often come from recognizing the strengths, resilience and potential of every person. This inspires her and keeps her hopeful.

In Our Community

Making a Difference

SESSION INFORMATION

SESSION 1 - 9:30 AM - 12:30 PM

1A Aging and Developmental Disabilities

Presented by Deirdre Gillespie, RN, MN

This generation of people with developmental disabilities are living longer than in the past. As they age, changes to health and/or functioning can be puzzling to those who care for them. This seminar explores some age-related health issues and how a person with developmental disabilities might communicate those health changes behaviorally.

Discussion of dementia in people with developmental disabilities as well as other health-related conditions that may present like dementia is central to the discussion. Pain, changes in vision or hearing, musculoskeletal decline or depression are examples of some of the health challenges that might affect the behaviour of people with developmental disabilities as they age.

The session ends with a discussion about transition planning in preparation for an aging population.

1B Technology for Obtaining and Maintaining Employment

Presented by Susan Harrell

Getting and keeping a job can be greatly enhanced through the use of technology. During this session, we'll examine a number of ways in which a person can use handheld devices with apps to gain the attention of employers; to assist with the interview process; to help with getting to and from work; to utilize in performing the job tasks; to help the supported employee stay calm, centered, and at their best; to communicate and share stories about their lives to allow for relationships with coworkers; and to maintain job coaching supports without a lot of "in person" job coaching time.

1C Dual Diagnosis: Signs, Symptoms and What To Do (People with developmental disabilities facing mental health issues)

Presented by Susan Morris, BSW, MSW, RSW

In this workshop participants will learn about the different levels of developmental disabilities and the impact on day to day functioning. Building upon this, the signs and symptoms of mental illness and trauma will be discussed. This is an interactive workshop that will include aids and tools for how to identify when there is a problem and what a front line professional can do about it.

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SESSION INFORMATION

SESSION 1 - 9:30 AM - 12:30 PM

1D Making Contact, Making Connections, Making Community (AM session)

*** NOTE: This is a full day course and must be taken in tandem with 2D.**

Presented by Dave Hingsburger, M.ed.

Community Living is, of course, more than living in the community. In support of people with disabilities, effort has been made to facilitate connections and make opportunities for friendships. In doing so, we sometimes miss the obvious. This workshop will suggest a variety of differing connections that serve to make life celebratory. Using examples and stories, practical approaches that lead to an increased quality of life will be outlined.

1E This Full House – A program to assist people who live with the hoarding experience

Presented by Doneka Simmons, BA, RSW

Learn about Hoarding Disorder and Sage's This Full House Program. Included are: How we connect with individuals with lived experience, their families, neighbors, friends and the community and what kind of supports are provided. The Hoarding Coalition and Integrated Community Response to Hoarding will also be included. Learn helpful hints and strategies for communication with your clients and successful partnerships with the community.

SESSION 2 - 1:30 PM - 4:30 PM

2A Introduction to Best Friend's Approach to Dementia Care

Presented by Padmaja Genesh, BSC, MBBS, BA (Gerontology)

Learn new approaches based on the renowned Best Friends™ philosophy and empower yourself to provide high quality dementia care in the workplace. This is an experiential learning session where you will gain an in-depth knowledge and understanding of dementia.

Topics include:

- Techniques to communicate effectively with people living with dementia
- Designing meaningful, customized activities for the individual with dementia
- Understanding behavior changes in dementia and strategies to respond appropriately to these changes

(Session 2 continued on next page)

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SESSION INFORMATION

SESSION 2 - 1:30 PM - 4:30 PM

2B Employment for All: Creating Typical Employment in the Community

Presented by Susan Harrell

Once you have discovered a person's needs, interests and strengths, how do you create the employment that works for them? This session will provide: Tips for engaging all of your organization, the community, and the network of employers in job development; models for developing jobs in large corporations, government entities and small businesses; stories of people working; and information about how to start and to keep the momentum going.

2C Dual Diagnosis: Special Considerations

Presented by Susan Morris, BSW, MSW, RSW

In this workshop participants will be able to describe the common causes of crisis, how they can be prevented and apply tools that can be used in the community as well as during emergency department visits. The second half of the workshop will examine the family experience and partnering with families.

2D Making Contact, Making Connections, Making Community (PM session)

*** NOTE: This is a full day course and must be taken in tandem with 1D.**

Presented by Dave Hingsburger, M.ed.

Community Living is, of course, more than living in the community. In support of people with disabilities, effort has been made to facilitate connections and make opportunities for friendships. In doing so, we sometimes miss the obvious. This workshop will suggest a variety of differing connections that serve to make life celebratory. Using examples and stories, practical approaches that lead to an increased quality of life will be outlined.

2E Whose Life Is It, Anyway?

Presented by Peter Leidy

Power struggles are a common occurrence in many people's lives; however this can be a daily occurrence in relationships between people being supported and frontline staff. Where is the power in these relationships? Who, if anyone, is in charge? What does it mean to have power with someone rather than power over them? How can we support someone whose life has been controlled by others to take control? What happens when your job description seems to contradict the wishes of the person you support? These questions and many others will get you thinking not only about the people you support but how you dramatically impact their lives.